



Carry



Slick



Patience



Buff

# The 5 Steps of Handwashing

1

Wet your hands.

Illustration of hands being washed under a stream of water. A small blue character is visible in the bottom left corner.

2

Apply soap.

Illustration of hands being rubbed together with blue soap bubbles. A small pink character is visible in the bottom left corner.

3

00:00:20

Scrub your hands for 20 seconds.

Illustration of hands being scrubbed together with blue soap bubbles. A small blue character is visible in the bottom left corner. A digital timer in the bottom right corner shows 00:00:20.

4

Rinse well.

Illustration of hands being rinsed under a stream of water with blue soap bubbles. A small blue character is visible in the bottom left corner.

5

Dry your hands.

Illustration of hands being dried with a yellow towel. A small yellow character is visible in the bottom left corner.

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