



Name: _____

Test Your Scrub Club® Handwashing Knowledge

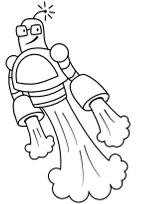
1. What should you do if you think you are going to sneeze or cough?

- A. Laugh out loud
- B. Draw a picture of your nose
- C. Sneeze/cough into your elbow



6. When are you done washing your hands?

- A. After you scrub with soap
- B. After you rinse your hands with water
- C. After you dry your hands with a towel or dryer



2. When you have a fever and cough, you should:

- A. Dance around and sing
- B. Not go to school; you don't want to spread germs to your friends
- C. Try reading upside down



7. How long should you scrub your hands?

- A. 10 seconds
- B. 5 seconds
- C. 20 seconds



3. What is the most important thing you can do to keep from getting sick?

- A. Wash your hands, 20 seconds of scrubbing
- B. Rinse your bowl and cup in the sink
- C. Use a lot of tissues for your runny nose

8. Where could germs hide in your classroom?

- A. On your desk
- B. On the floor
- C. On the doorknob
- D. All of the above



4. How do germs spread around your classroom?

- A. Sneezing, coughing and not washing your hands
- B. Running around outside for recess
- C. Eating too many sweets at snack time



9. Why is it important to wash your hands?

- A. To play in the water at the sink
- B. To avoid getting in trouble
- C. To stop the spread of germs



5. What parts of my hands should I pay special attention to when I scrub them?

- A. Tops of my fingers
- B. Under my fingernails
- C. Around my knuckles
- D. All of the above



10. When should you wash your hands?

- A. After you brush your teeth
- B. Before you eat your snack
- C. Every day at noon

